



MyOHR Consultant Bios

Jaime Orendac, SPHR-CA, HR Consultant

A true HR generalist, Jaime provides a wide variety of Human Resources services for companies as a cost effective alternative to staffing a full time Human Resources department. Jaime advises on aspects of employment decisions including personnel policy, employee relations, job enrichment, job evaluation, compensation analysis, staff planning, and compliance to Federal/State regulations. She is described by clients as an “HR Dynamo” --- using her resources and experience to achieve results beyond the ordinary.

Jaime brings over 20 years of corporate generalist experience in the Human Resources field, having honed her skills at such Silicon Valley Companies as IBM Corporation, Elantec Semiconductor, Email Solutions and more. At Cisco systems, Jaime worked with formulating their SOX processes in order to pass audit. She has facilitated the IPO process, and has also addressed the needs of privately held technology companies.

As the needs of industry, employers, and governmental compliance change and grow, Jaime shares her knowledge generously. She developed and presents Training Programs to managers and staff employees on many sought after subjects. Using proven proactive processes, Jaime has an established track record of successfully defending employers in Department of Labor complaints and Employment Development Department appeals. She is dedicated to helping clients avoid the threat of lawsuit and litigation. Jaime resourcefully and positively affects clients’ top interests, while protecting their time, money, and reputation.

Heidi Marshall, HR Consultant

Heidi is committed to helping companies reach their maximum potential by assisting with their various HR needs. She holds a B.S. Degree in Business Administration. Heidi is an effective communicator and has presented various Human Resources learning and development topics to all levels of executives, employees in formal presentations and direct learning approaches.

Heidi utilizes her knowledge, skills and abilities gained from her education at University of Phoenix as well as past work experiences which include start-up, pre IPO’s, bio-tech, high tech and construction companies. She is dedicated to resolving issues and positively following through on client concerns. Heidi stays current on Human Resources updates including information on employment law and best practice through her professional associations. She provides excellent research topics, as well as draft HR policies and procedures.

Laura Thompson, HR Consultant

Laura is dedicated to supporting employers interested in professional alternatives to staffing their own Human Resources team. Laura researches and advises on various aspects of developing employment communication tools for policies, training, audits and compliance matters, from pre-employment screening through post-employment documentation. Her professional philosophy is in favor of practical and cost effective solutions that are easy to implement, enhance productivity, and reduce waste of any type.



“High-Tech to No-Tech,” Laura’s range of professional experiences allows her to customize programs for the needs of companies at nearly any size and stage of their development. Laura has accumulated a diverse portfolio of skills working as a Business Development Professional in various management roles. She has been a contributor in Operations, Inventory Control, Corporate Communications, Human Resources, Finance, Sales, and Marketing for small local artisan retail businesses, mid size medical service providers, and large scale international technology production-manufacturers. Laura is an accomplished communicator with several training and education programs to her credit. She has been described by clients as efficient and creative, a strong individual contributor and a dedicated team-player.